

# Inclusion Contact: How To Be A Good Ally



It can be hard to know how to be a good ally: When do you speak up? When do you step back? How should you show your support?

Hannah Witton's shares answers to these questions and more with actionable tips.

Watch [How To Be A Good Ally](#). *[Video Length:3:54]*

## Discussion

- In what ways are you privileged?
- What role does empathy play in Allyship?
- How do you share what you have learned?